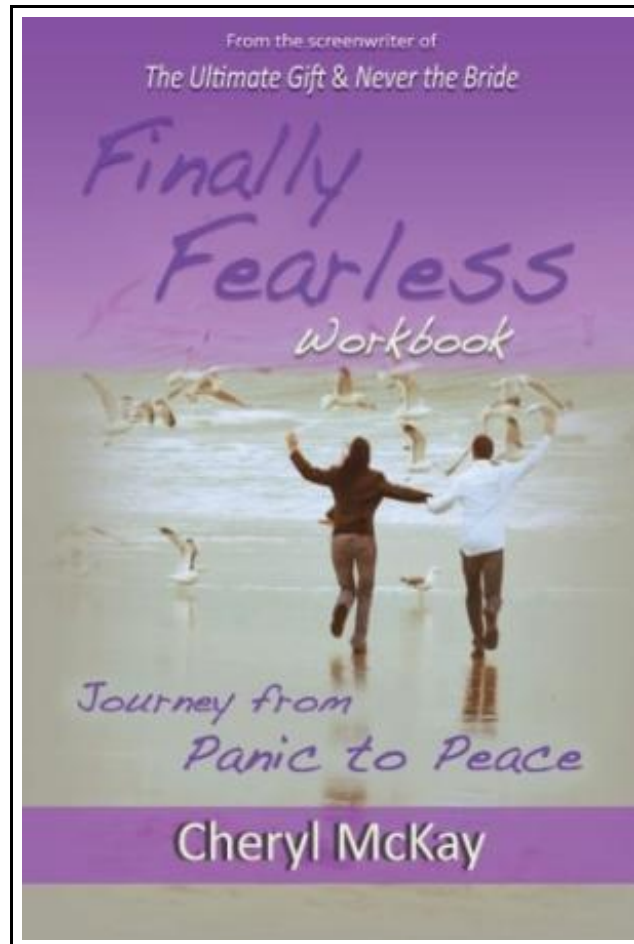


Finally Fearless Workbook: Journey from Panic to Peace (Paperback)



Filesize: 5.65 MB

Reviews

Extensive manual! Its such a great read. It really is loaded with knowledge and wisdom You wont really feel monotony at at any time of your time (that's what catalogs are for regarding if you ask me).

(Myrl Hintz)

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Purple Penworks, United States, 2013. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Finally Fearless Workbook is meant to be used with the main text, Finally Fearless: Journey from Panic to Peace. It is a great tool for church groups, book clubs, or individuals who want to play an active role in their healing from fear and anxiety. Do fear and anxiety rule your life? They used to rule mine. I am not a medical doctor or a psychologist. I am a creative, intelligent woman. Yet panic and anxiety left me feeling completely out of control. I ached for God to show up and heal me instantly. Instead, He became my Wonderful Counselor, and He walked me through my fears, step by step, toward healing. Much of my personal recovery came through healing exercises I did, the same ones I m now sharing with you in this companion workbook. The work you will do here is a reflection of God s relentless help in healing and encouraging me through these most vital exercises, creative assignments, journaling, reflection, and meditation on key scriptures. This workbook also contains bonus material not found in the original book, including extra journal entries, assignments, poetry, and helpful collections of Bible verses grouped by topics such as peace, hope, God s faithfulness, fear, and trust. Are you tired of fighting against your fears? Has panic interrupted your life? Has anxiety stopped you from going after your dreams? Start your soul-searching journey now so you, too, can venture toward peace. The Finally Fearless Workbook includes a collection of peaceful, original photography by Christopher Price. * * * Praise for Finally Fearless: Journey from Panic to Peace This is one courageous book. In her bravest turn yet,...



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