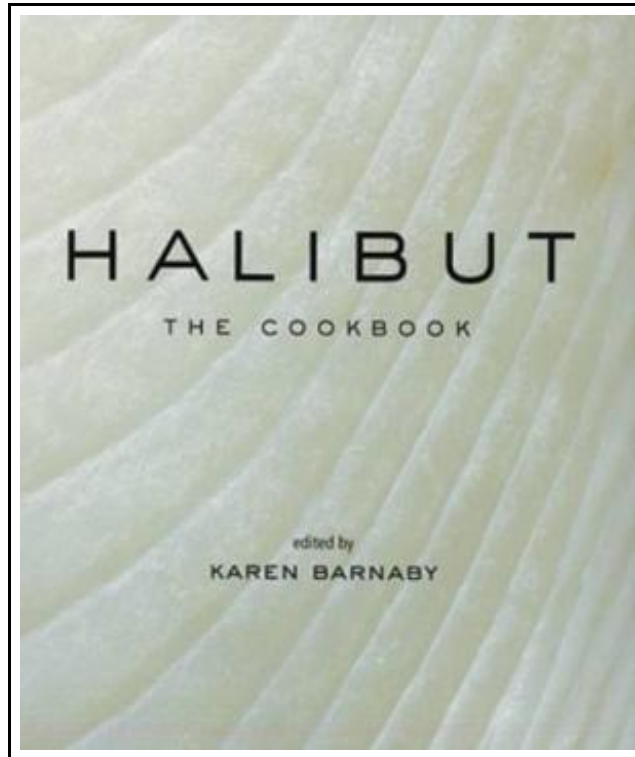


Halibut: The Cookbook



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Reviews

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(Shaniya Torphy PhD)

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Whitecap Books Ltd. Paperback. Book Condition: new. BRAND NEW, Halibut: The Cookbook, Karen Barnaby, "Favorite recipes for a popular fish." Halibut has become increasingly popular in fish stores and supermarkets nationwide. The firm, succulent flesh of halibut is low in fat and well suited for all cooking methods. This collection includes 120 recipes traditional favorites along with 40 new ones from award-winning author and chef Karen Barnaby, one of North America's leading seafood chefs. Halibut: The Cookbook surveys the culinary and natural history of the fish, and provides tips on how to choose the freshest catch at the store. Conveniently organized by meal course, Halibut includes marinades, curing instructions and different cooking methods. The recipes are easy to follow, ranging from simple dishes to elaborate meals. Here are samples of the 120 recipes: Grilled halibut steaks with pink peppercorn chive butter Baked halibut tapenade crust and caponata Riesling braised halibut with tarragon and chives Alaskan halibut chowder. Comprehensive and clearly written, Halibut: The Cookbook will be welcomed by home chefs who have long enjoyed this popular fish, as well as those just adding it to their list of favorites.



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